

National Report

Country: Norway

Questionnaires - *Evaluation of the subjective learning gain*

Please insert number/percentage of answers...

	Totally agree	Tend to agree	Rather don't agree	Don't agree
I have learned new things in this workshop	9	9	0	2
I knew a few things, but was able to deepen my knowledge	9	9	0	2
I can use in my work what I have learned in this workshop	9	8	1	2
If I have a problem with the handling, after this workshop I am confident that I can solve it on my own	4	13	1	2

Success Stories - *Do good things (trainings ☺) and talk about it*

1.2 - Easy-to-adapt-tools

One participant emphasised the workshop's practical value for healthcare professionals, particularly highlighting the introduction to several new apps previously unfamiliar to them. They found these tools especially beneficial because they cater to various patient groups, enhancing patient engagement in monitoring symptoms, lifestyle changes, and side effects. According to the participant, increased patient involvement, in turn, can simplify the evaluation process for healthcare workers.

"Often, it is easier to get patients to register symptoms, lifestyle changes, and side effects if they have their own app on their mobile phones."

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This participant recognised the direct applicability of these tools in their daily practice, making them a valuable addition to their professional toolkit.

1.3 - Cybersecurity

One participant commended the Cyber Security presentation for its excellence, highlighting its perfect balance in delivering only the essential information. They noted that the presentation was well-structured and accessible, even for those unfamiliar with the topic. The participant particularly appreciated the explanations of the underlying reasons behind cybersecurity measures, believing that this approach will help attendees take the subject more seriously and gain a deeper understanding of its importance.

"It included the 'why' aspect, making it easier to take things seriously when you understand the reasons behind the actions."

Quotes - Ask your participants for a word donation

1.2 - Easy-to-adapt-tools

"I think this course will be a very useful self-study guide for healthcare workers in general regardless of previous knowledge."

"There were only a few apps that I found relevant, and I was already familiar with them."

"It can be difficult to sort out what is useful and what is not on your own. Here, you get an overview of what is available and what the various apps can contribute. This makes it easier to choose which ones you can use. Clearly and simply explained."

1.3 - Cybersecurity

"An excellent tool to provide detailed knowledge on cyber threats and how to avoid falling victim to these. There is a lot of information and quite a bit of technical terms. This might make the information less accessible for some of the people."

"I see this as a very useful tool for someone who is going to teach others on the subject, as it provides you with background information and explanations"

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and gives you the necessary knowledge to answer questions that could arise in a course setting. As a general self-study course, it might be too extensive.”

“It was way too much information for me. Much of this is useful for my work, but I easily lose track when there are too many words”

Feedback Rounds - *Collection of statements in the training*

All the participants were highly engaged, and the courses sparked many interesting discussions about the need for increased digital competence in the healthcare sector. One participant highlighted needs we have addressed in other curricula developed in the project, which piqued this person's interest in attending more of our courses.

The overall feedback was very positive; most participants said the courses increased their knowledge. While a few participants honestly stated that the curriculum was irrelevant or too difficult, these individuals also recognised the topics' importance.

There were no negative comments about the accessibility of the Easy-to-adapt-tools course; any negative comments were related to the lack of relevance of the applications presented. Furthermore, the need for more relevance was either related to the participant's job or because they were already familiar with the apps.

Any negative feedback on the Cybersecurity course was related to the format and came from participants who, according to themselves, did not have the patience to study. One suggested to further reducing the amount of information on each slide.

One participant commented on the design of the questionnaire, feeling that it seemed geared toward eliciting positive feedback, as all the questions assumed that some learning had occurred.

Feedback also suggests that these courses can be used both for self-study and as a great resource for trainers in face-to-face workshops.

Your Comments...

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The participants in the two courses came from diverse backgrounds within the healthcare sector, including unskilled workers, nurses, social workers, doctors, and psychologists. Their familiarity with self-study and levels of prior knowledge varied.

In these workshops, we tested two quite different curricula. The Easy-to-adapt tools Course required less effort from the reader. Its structure lets participants quickly scroll through and find the most relevant content. The format also resembled reviews many might be accustomed to reading in other contexts.

The Cybersecurity Course, while also having an intuitive, clear and simple structure, was much more comprehensive. Participants were informed that they were not expected to study the entire booklet; after a face-to-face introduction, we directed them to study one or two specific chapters. However, some chose to study the whole document.

In addition to different backgrounds, different personalities may have played a role. One participant said that they generally disliked manuals because "*they are all boring.*" Another who said that they had low digital skills found the course useful and well-designed because, unlike the other, they loved manuals.

Testing the material through independent study before gathering feedback proved valuable, providing insights into how different learners interact with and benefit from the content. It also reinforced the relevance and importance of the material, confirming its potential impact across diverse learning styles.